



The Swansea Wellbeing Centre Governing Document

The Swansea Wellbeing Centre (“SWC”) has been established as a Community Interest Company since 2018 for the purpose of providing residents of the Regional area with increased access to support for improving their emotional, mental and physical wellbeing.

Income is received by the SWC via agreements to rent space within the SWC owned building, to independent well-being practitioners. Together, these practitioners offer a range of physical, emotional and mental wellbeing services to paying members of the public, in accordance with the above-mentioned purpose.

Profit generated by the SWC is reinvested in the community through its Community Inclusion Program which provides subsidised and free sessions to all sections of the community, with an objective to increase support access for those who may otherwise face barriers or have a particular need, due to a range of factors including financial, ethnic, gender, age or disability.

The SWC’s volunteer training scheme allows an open-door policy to operate during the Centre’s opening hours, while also providing a range of personal and workplace development opportunities for local participants. This further strengthens the visitor-led nature of the SWC and allows a community to develop within and around the organization, enabling it to grow and develop through feedback from its wide-ranging membership and to more deeply understand the needs of the population it serves. Regular and consistent social media activity helps to promote and raise awareness of the SWC’s programs locally while more targeted outreach is gained through its organizational partnerships. A monthly newsletter reaches numerous stakeholders and both third sector and statutory services.

The SWC complies with all legal and regulatory requirements applicable to CICs and to the activities it carries out. Financial reports are filed accurately and on time with relevant authorities. Transparency and accountability are maintained through reporting to stakeholders.

The SWC is led by a strong, experienced and committed group of Company Board members, who are passionate about enhancing well-being within the Swansea community. The Board is made up of one non-executive and four executive Directors and meets on an annual basis to review the SWC’s performance in accordance with its purpose and to ensure proper adherence to regulatory obligations including proper review and submission of the Company’s Annual Accounts and its effective financial management overall. Board decisions are made only where a quorum of at least two Directors are present and able to vote or via a vote through

correspondence (for example, email) where all Directors are in agreement with the method of decision making.

A Delegation of Authority is in place to empower SWC's highly experienced team of management professionals to make decisions on an operational basis, escalating issues as required or where these fall outside of the Delegation. The day-to-day management team comprises of Centre manager, 2 directors and facilities manager.

In accordance with its designation as a CIC, if the SWC is wound up under the insolvency Act 1986, and once all liabilities have been satisfied, any residual assets will be transferred to its approved asset lock body which is the following nominated charity: Swansea council for Voluntary services, Number 7 Walter Road, Swansea. SA1 5NF. Registered Charity Number: 1063242