

Environmental and Sustainability Policy

1. Policy Statement

Swansea Wellbeing Centre CIC (SWC) is committed to providing a sustainable service within the local community while minimising the environmental impact of its operations. We recognise our responsibility to protect the environment, conserve natural resources and promote sustainable practices throughout the Centre.

SWC is a member of *4theRegion*, an organisation committed to supporting the local area and encouraging a sustainable, responsible and environmentally conscious future. We aim to continually improve our environmental performance and encourage staff, practitioners, visitors and other Centre users to adopt environmentally responsible practices.

2. Our Environmental Commitments

SWC is committed to the following principles:

Legal and Regulatory Compliance

- Strive to meet all applicable environmental legislation and regulatory requirements, including relevant UK environmental standards and regulations.
- Keep up to date with changes to environmental legislation and guidance and implement appropriate measures where necessary.

Energy Efficiency and Carbon Reduction

- Adopt good operational practices to reduce the environmental impact of our activities.
- Monitor our consumption of gas, electricity and water where practicable and identify opportunities to reduce usage.
- Aim to use energy suppliers with strong environmental credentials wherever reasonably possible.
- Use energy-efficient lighting, including low-energy LED bulbs, wherever practicable.
- Ensure that heating and electrical systems are appropriately maintained and serviced to support energy efficiency and safe operation.
- Consider ways to reduce our carbon footprint and improve the resilience of our buildings and services in response to environmental change.

Sustainable Travel

- Encourage staff, practitioners and visitors to walk, cycle or use public transport where practical and safe.
- Promote car sharing where appropriate to help reduce emissions associated with travel to and from the Centre.
- Consider the environmental impact of travel when planning activities and events.

Waste Reduction and Recycling

- Minimise the amount of waste generated by the Centre and its users.
- Encourage the reuse and recycling of materials wherever possible and ensure waste is disposed of responsibly.
- Reduce the use of single-use and non-recyclable products where practical.
- Choose products with minimal environmental impact, taking account of their durability, packaging and recyclability.

Sustainable Purchasing and Cleaning

- Use environmentally friendly cleaning products and recyclable materials wherever reasonably possible.
- Consider environmental impact when purchasing supplies, equipment and services.
- Avoid unnecessary consumption of resources and encourage the responsible use of materials throughout the Centre.

Buildings, Facilities and Decision-Making

- Take environmental considerations into account when making decisions about the Centre's activities, facilities and services.
- Consider energy efficiency and environmental impact when planning building maintenance, refurbishment or improvements.
- Identify practical opportunities to improve the sustainability of the Centre's premises and day-to-day operations.

Community Engagement and Collaboration

- Maintain links with local organisations, including 4theRegion, that promote environmental responsibility and sustainable development.
- Encourage staff, practitioners, visitors and community partners to support the Centre's environmental objectives.
- Promote awareness of sustainable practices and seek opportunities to work collaboratively towards a greener local community.

3. Implementation and Monitoring

SWC will seek to implement this policy through its everyday activities and operational decisions. We will review our environmental practices regularly and identify realistic opportunities for improvement, taking account of available resources and the needs of the Centre and its users. All staff, practitioners and Centre users are encouraged to support these commitments and contribute to reducing the environmental impact of the Centre.

4. Annual Review

This policy will be reviewed annually to ensure that it remains relevant, effective and consistent with applicable legislation, guidance and the Centre's activities.
The annual review will consider progress against our environmental commitments, any changes in relevant requirements and opportunities for further improvement.

This policy is subject to annual review. **Last reviewed:** 12 October 2026